Post-class Assignment: Learning Strategies from the GAMES© Survey, Marilla D. Svinicki.

For each category, how often do you do the following when you study? (1-Never, 3-Sometimes, 5-Always)

Total the numerical values of your responses in the question above, and record the percentage of the total possible. Are there study behaviors, not listed here, that you engage in. If so, specify them here too.

Goal-oriented Study
- Analyze what I have to do before beginning to study.
- Set a specific content learning goal before beginning to study.
- Set a specific work effort (time amount) before beginning to study.
- Figure out why I am learning the material I'm about to study.
- Be sure to understand what is expected of me in terms of learning assignments.

Active Study
- Make notes in the margins of the text when I read.
- Ask myself questions before, during, and after studying.
- Pause periodically to summarize or paraphrase what I've just studied.
- Create outlines, concept maps, or organizational charts of how the ideas fit together.
- Look for connections between what I'm studying right now and what I've studied in the past or heard in class.
- Write down questions I want to ask the instructor.
- Reorganize and fill in the notes I took in class.
- Work through any problems that are illustrated in the text or in my class notes.
- Create vocabulary lists with definitions and my own examples.
- Take breaks periodically to keep from getting too tired.

Meaningful & Memorable
- Make up my own examples for concepts I am learning.
- Put things in my own words.
- Make vivid images of concepts and relationships among them.
- Make connections between what I am studying and past classes or units.
- Be sure I understand any example the instructor gave me.
- Create concept maps and diagrams that show relationships among concepts.
- Ask the instructor for more concrete examples and picture them in my mind.
- Look for practical applications and real life settings for the things I'm learning.

Explain to Understand
- After studying, meet with a partner to trade questions and explanations.
- Write out my own descriptions of the main concepts.
- Discuss the course content with anyone willing to listen.
- Answer questions in class.
- Make a class presentation.
- Help another student who is behind in progress.

Self-monitor
- Make sure I can answer my own questions during studying.
- Work with another student to quiz each other on main ideas.
- Keep track of things I don't understand and note when they finally become clear and what made that happen.
- Have a range of strategies for learning so that if one isn't working I can try another.
- Remain aware of mood and energy levels during study and respond appropriately if either gets problematic.

In what area did you score the highest? In what area did you score the lowest? Consistently low ratings in a particular area may indicate an area you could work on to help you become a more efficient and effective learner. Pick an area in which you want to improve by the end of [particular course]. State why you picked that area and brainstorm three strategies you could and are likely to implement to improve in this area. What are you going to do tomorrow (or the next time you study [particular course]) to start doing this?